

Why Impact Matters

Webinar

Tuesday 13 August 2024
10:00am (Sydney time)

**Future
Generation
Global**
INVESTMENT & SOCIAL RETURNS

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Improving mental
health and wellbeing

5,355,459

young participants
in our partners' programs
and services.

Impact Report 2023

Our speakers



Caroline Gurney

Jennifer Westacott AO

Emily Fuller

Chris Varney

Taicea Agnew

Impact Report Highlights

- Our 14 not-for-profit partners had **5,355,459** young participants in their programs and services in 2023
- They made progress on **12** short-term progress outcomes including:
 - increased understanding of mental health
 - improved knowledge about help-seeking
 - reduced stigma
 - greater hope for the future and a sense of purpose
- Reported on **73** metrics under these outcomes and:
 - 81%** of baseline measures were improved or maintained
 - 69%** of outcome targets were met or exceeded



Collaboration Award

AWARD RECIPIENT 2024

Preventing mental health issues
in young Australians:
a social impact collaboration

Impact Report Highlights

- Collectively, our 14 not-for-profit partners report on **109** measurable goals relating to both impact growth and the development of their organisations
- These are wide ranging and include:
 - increasing their reach
 - expanding the locations in which they operate
 - growing their capability in various functions, such as data collection, IT and systems, business development and communications
- Progress against these goals in the first year has been excellent, with **71%** of goals either already exceeded or on track for achievement by 2025



Our partners

BackTrack

Keeping vulnerable regional kids alive, out of jail and chasing their hopes and dreams through holistic, flexible and long-term support, including education, training, diversionary activities, accommodation and employment.

BIG hART

Generating connection, security and hope in young people through place-based community events, utilising skateboarding, music and video.

 **happy paws
happy hearts**

Bringing isolated young Australians together with rescue animals to build connection, a sense of pride and purpose, and a recovery process that leads to further education or employment.

HUMAN  **NATURE**

Mentoring and therapy, skill building, volunteering and physical adventure that supports young people to overcome trauma and build resilience and wellbeing skills.

**ICAN
NETWORK**

School and online mentoring programs for autistic young people, by autistic young people, that improves self-confidence, self-acceptance, connection and life skills.

 **Live
4LIFE**

Equipping young people in regional areas and their communities to recognise the signs and symptoms of emerging mental health issues – and to seek, or offer, help.

**Mind
Blank** 

Using interactive theatre to build understanding about mental wellbeing and help-seeking among primary and secondary school students.

**PREVENTION
UNITED**

Equipping individuals, families, organisations, communities and governments with the tools to modify the risk and protective factors that influence mental health.

 **PROJECT
ROCKIT**

Delivering school workshops and digital tools to build respectful school communities and equip young people with the tools to challenge bullying, foster empathy, build healthy relationships and grow wellbeing and resilience.

REACHOUT

Providing a safe online place where young people can explore what's happening in their lives and find the resources and connections to help them manage their challenges.

**SMILING.
MIND** 

Providing an app and school-based tools that deliver the mental fitness skills needed to underpin good mental health and resilience from an early age.

WANTA
ABORIGINAL CORPORATION
ICR 8219 

Offering holistic support and creating opportunities for young people in remote communities, including recreation, education, cooking and nutrition, life-skills, mental health, culture and language, and job readiness.

 **WESTERMAN
JILYA INSTITUTE**
FOR INDIGENOUS MENTAL HEALTH

Developing culturally and clinically-informed mental health and suicide prevention responses and increasing the number of Indigenous Psychologists working in Australia.

**YOUTH
OPPORTUNITIES** 

Working in schools to equip young people with the skills to develop long-term mental wellbeing; set and achieve study, career and life goals; increase motivation; develop positive communication; enhance confidence; and improve relationships.

Do well. Do good.

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ASX: FGG

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