

An aerial photograph of a busy public square, likely in London, showing a large crowd of people walking. A large, semi-transparent circular graphic is overlaid on the image, with a color gradient from purple on the left to red on the right. The text is centered within this graphic.

Future
Generation
Global

INVESTMENT & SOCIAL RETURNS

Improving mental
health and wellbeing

5,355,459

young participants
in our partners' programs
and services.

Impact Report 2023

Introduction



And we are just getting started.

At Future Generation Global (FGG), we have a bold vision to understand the combined impact of our non-profit partners on the mental health and wellbeing of young Australians. In 2023, we began to bring our vision to reality. We are thrilled to share this snapshot of the outcomes achieved in our first year of measuring impact.

In 2020, with the pandemic raging and demand for mental health services surging, Future Generation Global felt compelled to review our social investment strategy. As one of the larger funders in the youth mental health space, we were determined to maximise the impact of each social impact dollar we invested.

Our 18-month review highlighted the enormous challenges facing the mental health sector, yet we emerged from the process resolutely optimistic. Australia could – and would – transform its approach to mental health and wellbeing.

In terms of playing our part, private giving is most useful when it embraces the role of risk capital, funding areas that have high potential to create social good, and are overlooked or underfunded by others. This led us to focus on preventing mental ill-health in young Australians.

Next came a rigorous national process to identify a portfolio of exceptional non-profit partners. Just as Future Generation Global's pro bono fund managers identify under-valued companies and invest in them, to realise growth on behalf of our shareholders, we selected small-to-medium sized non-profits with a proven track record, and still enough 'runway' to significantly deepen their impact. To maximise our impact, we decided to provide them with multi-year, untied funding and additional capacity building support to grow their organisations and their impact.

In tandem with this selection process, we worked with impact measurement specialists to build a framework that would allow us to track both our individual partners' progress and our collective impact in wellbeing and prevention.

Measuring social impact is a challenging and emergent pursuit, particularly at a portfolio level. Our partners' work with young people and the mental health sector is complex, and we are united in our commitment to measure our impact and share our learnings about the process.

We were delighted to be awarded the 2024 Philanthropy Australia Collaboration Award for this work, along with our 14 non-profit partners; Social Outcomes, which developed our Impact Measurement Framework; and Seer Data & Analytics, which operationalises it on their platform.

Our sincere thanks go to our partners for their dedication to this ambitious initiative and for their relentless pursuit of mental health and wellbeing for all young Australians.

This is our first year of measuring impact. Over time this Initiative will develop into a compelling asset. It will generate insights and demonstrate the value of investing in wellbeing and prevention, as well as in the core operations and development of high potential non-profits.

Caroline Gurney
CEO
Future Generation

Emily Fuller
Social Impact Director
Future Generation

2023 Headlines

5,355,459

young participants in our partners' programs and services¹.

Reaching millions of young Australians

Future Generation Global's partners had 5,355,459 young participants – across every state and territory – in their programs and services that safeguard and improve wellbeing and prevent the onset of mental ill-health.

75%

of partners increased the number of young people they worked with

100%

of partners working on systems change and capacity building increased their reach

Working together for greater impact

By bringing partners together, a supportive alliance has developed, described by many as an unexpected value-add to the FGG partnership – with information exchange, camaraderie and joint problem solving. Partners are interacting outside FGG events with five other partners on average (a 500% increase), with joint advocacy to government and collaborative funding applications underway. By combining their complementary expertise, partners see the opportunity to deepen their impact among young people.

1. This figure represents the combined number of 'participant' young people of all our partner organisations between Jan – Dec 2023. There may be overlap, with some participants accessing support from more than one partner.

2. Partners provided a 2022 baseline result, if available, and nominated a target for each metric.

“FGG’s funding approach and willingness to remain in dialogue is highly beneficial. The most striking attribute is the relational aspect and that it is a funding partnership. This provides flexibility and enhances our development and impact as an organisation.”
Big hART

Achieving wellbeing and prevention outcomes

Together, our 14 partners reported on 73 metrics under 12 short-term outcomes. This year's results establish a consistent baseline for all partners, from which to measure progress².

81%

of baseline measures were improved or maintained¹

69%

of outcome targets were met or exceeded

SHORT-TERM OUTCOMES

- ↑ Increased understanding of mental health
- ↑ Increased knowledge about help-seeking
- ↓ Reduced stigma
- ↑ Increased hope for the future and a sense of purpose
- ↑ More opportunities for positive social, cultural and/or family interactions
- ↑ New skills
- ↑ Increased coping strategies
- ↑ Increased confidence and self-efficacy
- ↑ Increased understanding of issues in youth mental health and wellbeing
- ↑ Increased understanding of barriers and gaps in service provision
- ↑ Increased understanding of mechanisms to resolves these issues
- ↑ Increased youth voice in partner's work

The next frontier – investing in prevention and wellbeing



“Over the last decade, governments have spent billions treating young people with mental illnesses, yet the numbers keep growing. If we want a different outcome, we need to act differently. It’s time to get ahead of the problem and start focusing on prevention.”

*Dr Stephen Carbone, CEO
Prevention United*

In the past 20 years, Australia has almost halved the burden of cardiovascular disease and reduced that of cancer by a quarter – by investing in both treatment and prevention.

By contrast, the burden of mental ill-health has risen by 6.5 per cent over the same period, costing the Australian economy up to \$70 billion each year¹.

Tragically, this burden is borne chiefly by young people. Some 38.8 per cent of 16 to 24 year-olds experienced a mental health condition in 2020-2022². Suicide accounted for 30.9% of all deaths in Australians aged 15–17 and 32.4% of all deaths in those aged 18–24 in 2022³.

No other group of health conditions comes close to mental health in terms of the prevalence, persistence, and breadth of harm it inflicts on young people. Poor mental health affects young people’s education, relationships, employment, and life outcomes.

It does not have to be this way.

Australia is recognised as a global leader in the treatment of youth mental health conditions. However, we have yet to direct our policy focus and resources into prevention. Decades of reform in mental healthcare and steady increases in government funding have failed to halt the surge in mental health conditions.

1% of \$10 billion

Annual public spend on mental health goes towards prevention

Despite prevention being a stated priority for Federal and state governments since the 1990s, it is estimated that only around 1% of the roughly \$10 billion⁴ annual public spend on mental health goes towards prevention.

If we don’t change our approach, the financial and human cost of mental ill-health will continue to grow. **It is time to set our sights on the next frontier: prevention.**

The economic, social and moral case for investing in prevention is overwhelming – especially as we already know that many common mental health conditions are preventable. Not only will it spare young people and their families the anguish of mental ill-health, but it will improve Australia’s productivity and result in savings to the health system. As such, prevention is the area where we believe our social investment dollars can work the hardest. By funding high-potential organisations and gathering data about their impact, we build evidence and continuously learn – to inform future investment.

1. [A Brief Overview of the Mental Health Inquiry Report \(pc.gov.au\)](https://www.pc.gov.au/reports/indicators/mental-health-inquiry-report)

2. <https://www.abs.gov.au/statistics/health/mental-health/national-study-mental-health-and-wellbeing/latest-release>

3. <https://www.aihw.gov.au/suicide-self-harm-monitoring/data/populations-age-groups/suicide-among-young-people>

4. Estimate derived by Prevention United from the [National Review of Mental Health Programmes and Services](#) conducted in 2014. While the specific spend on prevention is not routinely and consistently reported, recent data does not indicate this percentage has changed.

Our portfolio of 14 partners

Investing across the prevention spectrum

There is no “silver bullet” that will reverse the trajectory of youth mental health. At Future Generation Global, we have taken a portfolio approach, investing in 14 high-impact non-profits that collectively span the wellbeing and prevention spectrum.

Our partners’ work includes:

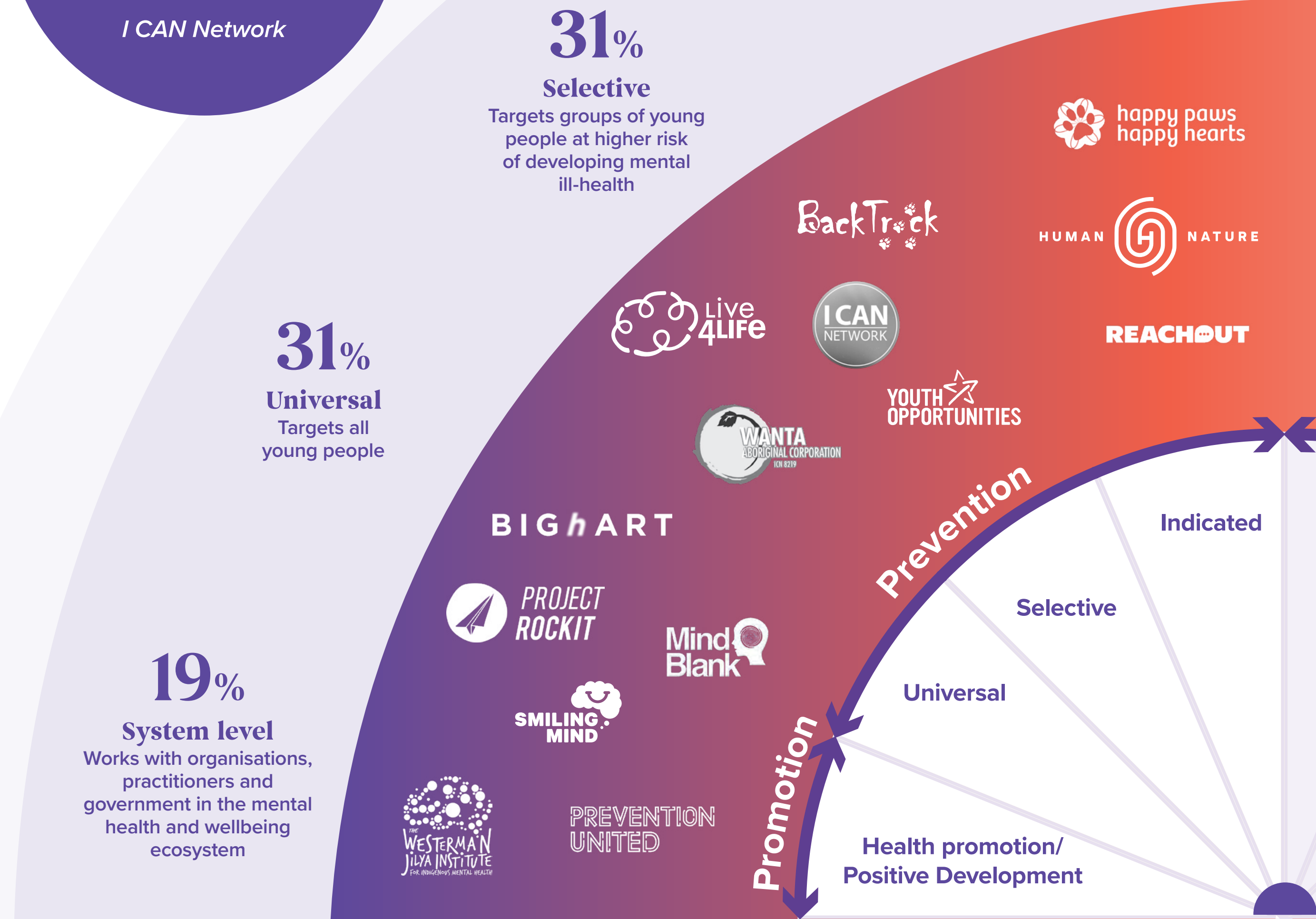
- **Universal prevention**, which targets all young people e.g. through schools or online;
- **Selective prevention**, which targets groups of young people known to be at higher risk of developing mental ill-health including neurodiverse young people, those living in regional and remote areas, and First Nations young people;
- **Indicated prevention**, which targets young people already showing signs of mental ill-health;
- Work at the **Systems level** with governments, health practitioners, students and other stakeholders, to improve the mental health and wellbeing ecosystem.

Working on risk and protective factors for mental health

Preventing mental ill-health centres on boosting the protective factors and reducing the risk factors for mental health. The work of our non-profit partners is diverse, ranging from arts-based programs to outdoor adventure initiatives, from mental fitness and resilience building to bringing young people and animals together. However, collectively, they modify the risk and protective factors influencing mental health by:

- Equipping young people with the knowledge, skills and confidence they need to look after their mental health, and the opportunities they need to build their self-esteem, connect with peers, and experience a sense of purpose and accomplishment;
- Providing the key adults in young people’s lives – parents and teachers – with the skills they need to promote positive youth development;
- Creating mentally healthy home, school, work, community and online environments around young people, which are free from racism, bullying, discrimination and other factors that harm their mental health.

“The diversity of the problem requires a diversified and distributed response. I think we have formed a soft lobby group to grow the pie of funding for mental ill-health prevention.”
I CAN Network



Our partners' national footprint

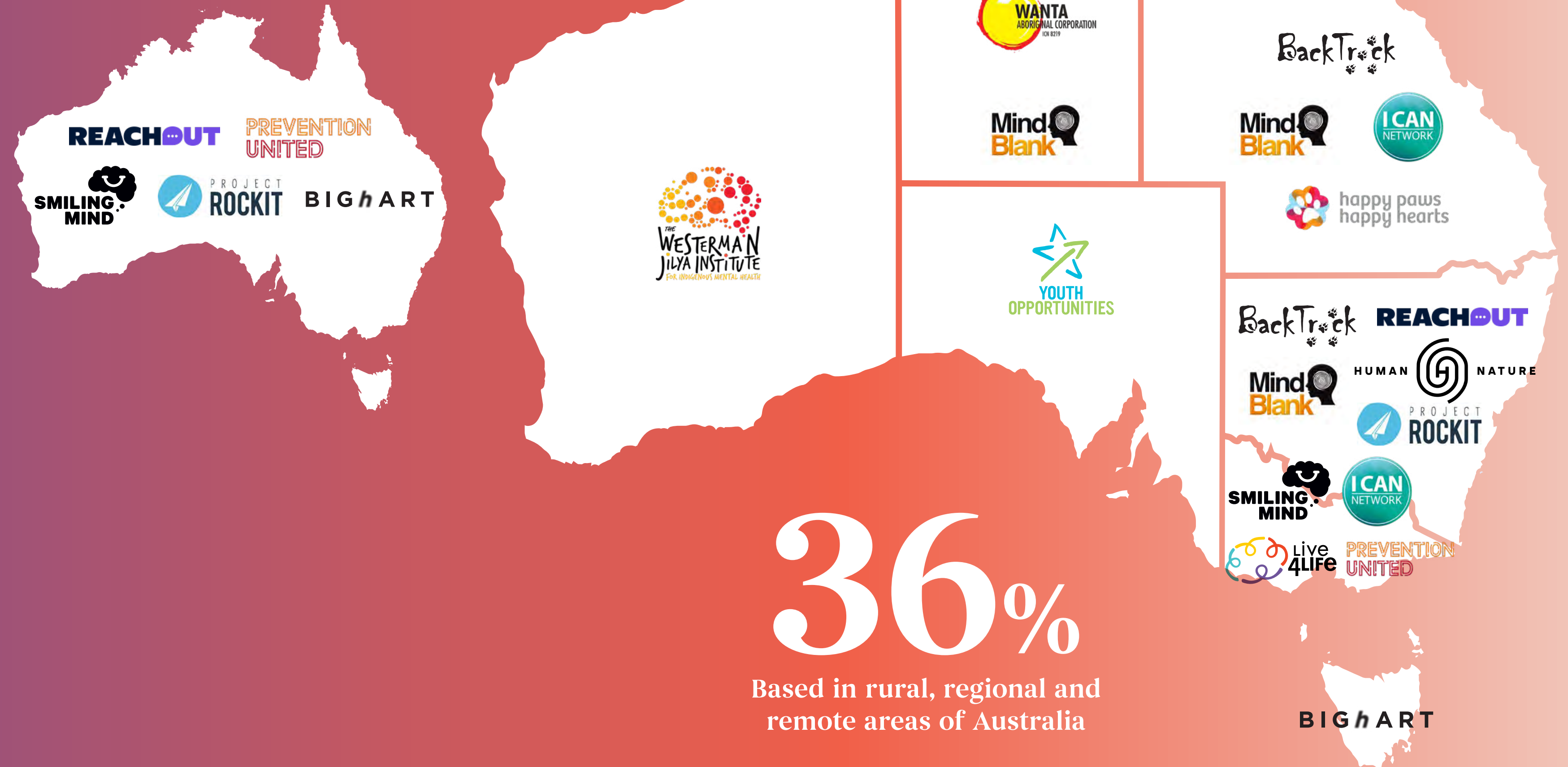
Our partners work with young people in every state and territory.

Future Generation Global's 14 non-profit partners were selected from a nationwide pool of 175 applicants, based on their proven track record of modifying the risk and protective factors that influence young people's mental health.

Our portfolio consists of a mix of national, state and community-based organisations, with 36% of our partners based in rural, regional and remote areas.

To learn more about our partners, visit futuregeninvest.com.au/fgg-social-impact-partners/

National partners



14

Social impact partners were selected from

175

applicants

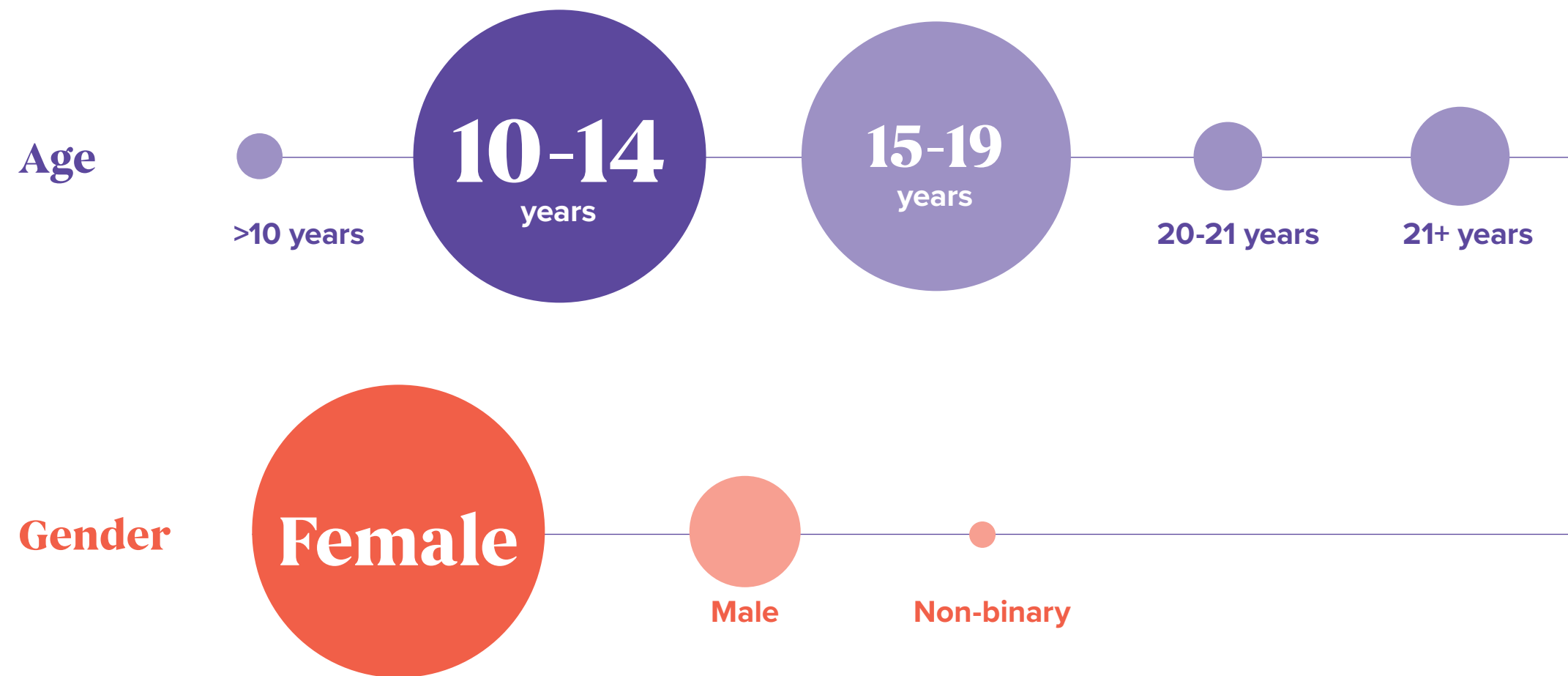
36%

Based in rural, regional and remote areas of Australia

Young participants

Portfolio reach

In 2023, Future Generation Global's impact partners combined had more than 5.3 million young participants in their programs and services. There may be overlap, with some participants accessing support from more than one partner. The majority of participants are female and between the ages of 10 and 19.



Combined number of young participants in our partners' programs and services
5,355,459

Stakeholders

Some partners focus on systems-level work (rather than working directly with young people). They provide training, mentorship, tools and research. They also conduct advocacy with organisations, practitioners and government to enhance the capacity and efficacy of the mental health and wellbeing ecosystem. In 2023, they worked with 745 stakeholders in every state and territory.



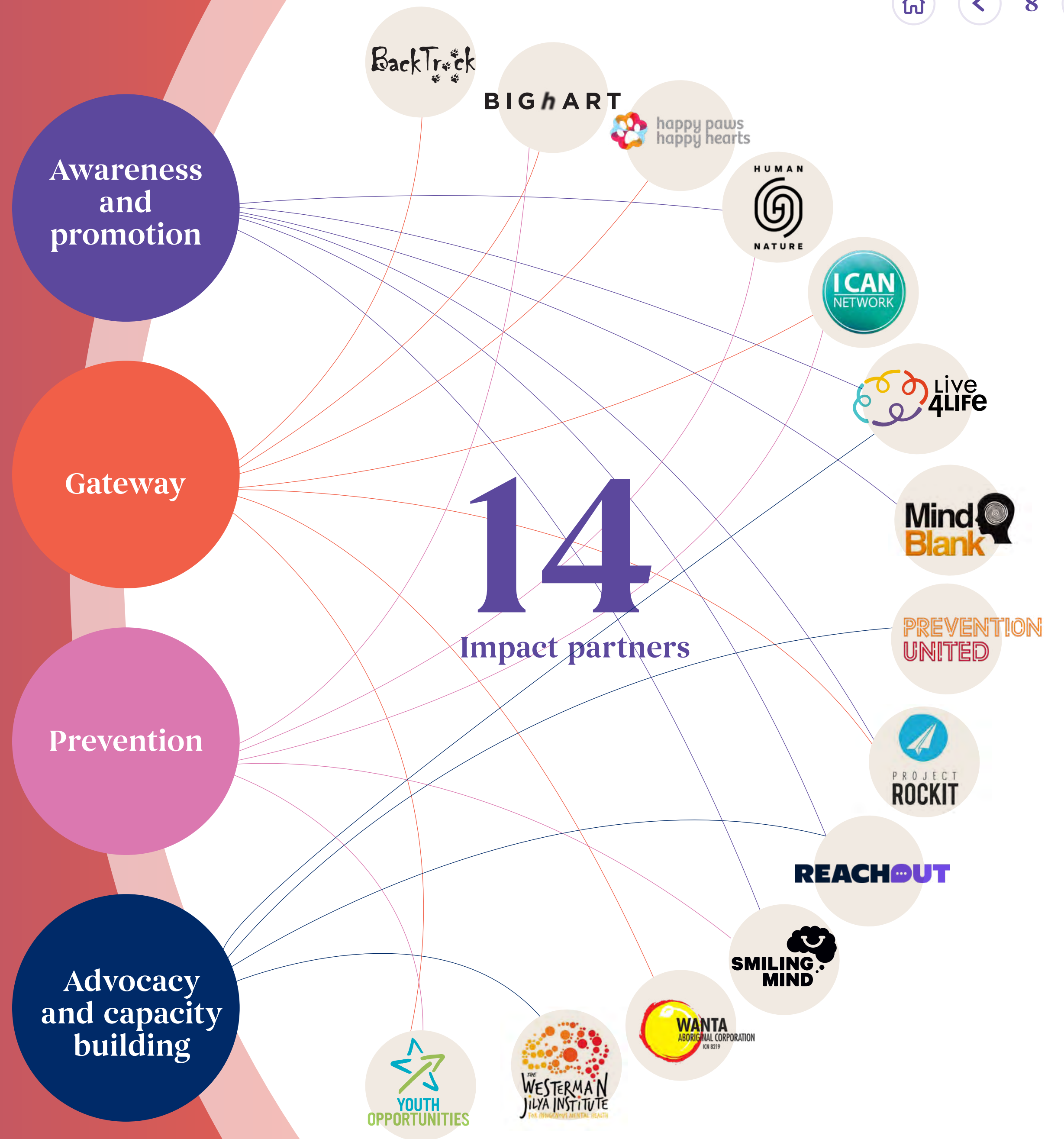
Growing impact

Future Generation collected outcome data from its 14 partners for the first time in 2023.

Partners have varying approaches to data collection and impact measurement, and different levels of data maturity. Some had baseline data, against which change could be measured. Others were using a pre and post program questionnaire to assess impact, while others had never collected data on these outcomes.

This first impact report shares what we have been able to measure this year and establishes a baseline for all partners, from which to measure progress into the future.

The following pages detail summaries across four outcome areas. Further details are included in the appendices.



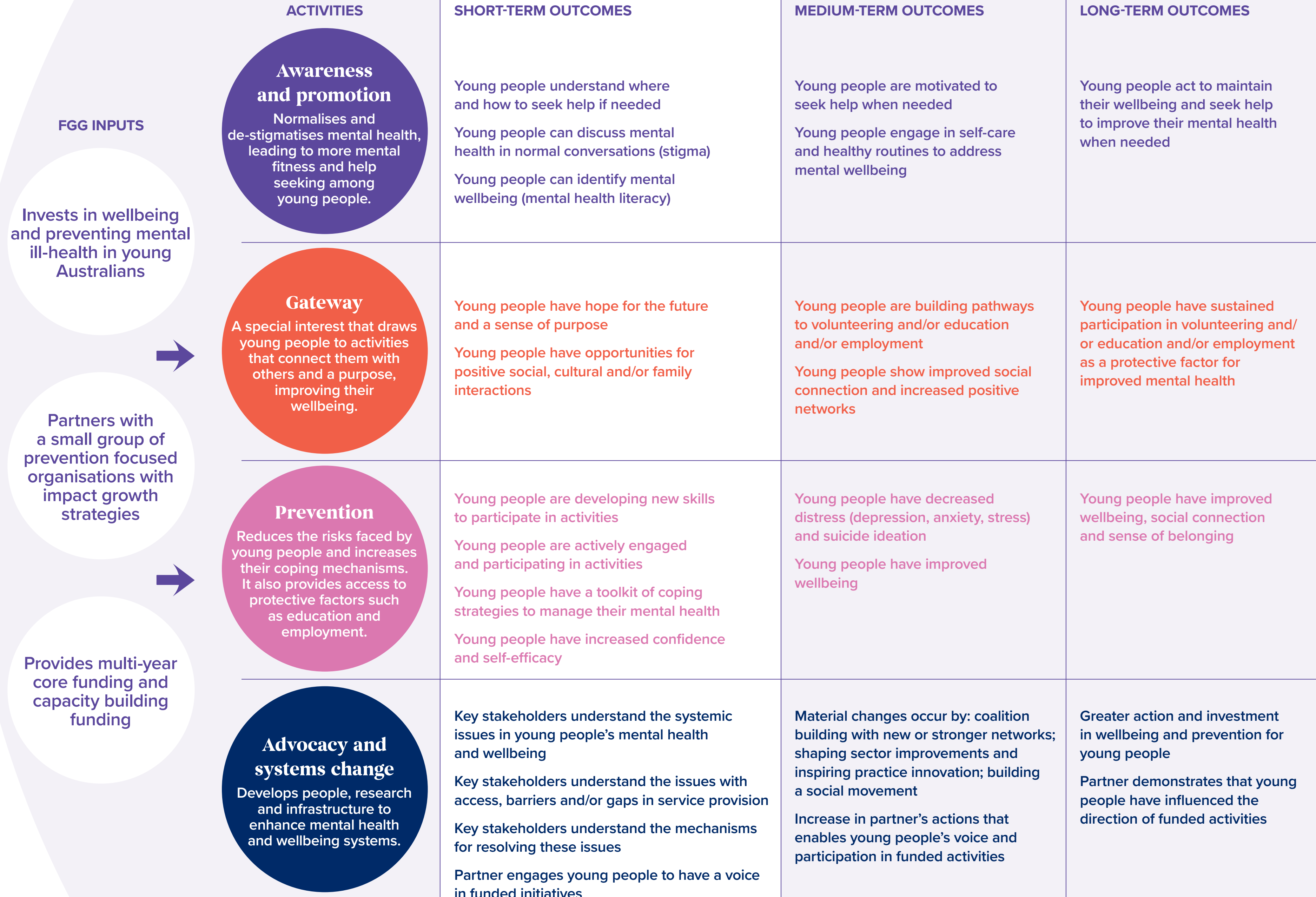
Theory of change

Measuring our impact

FGG uses a Theory of Change as the framework for impact measurement. It was designed around the work of our 14 partners and the evidence available in 2022 about ‘what works’ in promoting wellbeing and preventing mental ill-health. Partners “choose their own path” through the Theory of Change by selecting the activities and outcomes that best reflect their work, then nominate the metrics to measure each short, medium and long-term outcome.

Award winning initiative

This pioneering initiative was awarded the Collaboration Award at the 2024 Philanthropy Australia Awards.



Awareness and promotion

Increasing understanding of mental health and wellbeing



Awareness and promotion normalises and de-stigmatises conditions, leading to more mental fitness and help seeking behaviour among young people.

Our partners' work ranges from large scale digital-based resources and support, used by millions of young Australians annually, to interactive programs in primary and high schools that equip young people with the knowledge and skills to maintain their mental health and wellbeing, seek help if needed, and act on specific risk factors such as bullying.

Some partners' work addresses the specific barriers to mental health support that exist for young people in regional areas. They draw on the strengths of these areas, including the natural environment and a strong culture of looking out for each other, to build resilience and increase help-seeking.

Much of this work involves peer-to-peer delivery – in which young people play a leading role in sharing their knowledge and their own experiences with other young people.

Outcomes

Six partners work on awareness and promotion with young people to improve outcomes. Together, they report data on 18 metrics under three outcomes.

Four of six (67%) partners saw an improvement² for their young participants in each of the outcomes measured:



Increased understanding of mental health



Increased knowledge about help-seeking



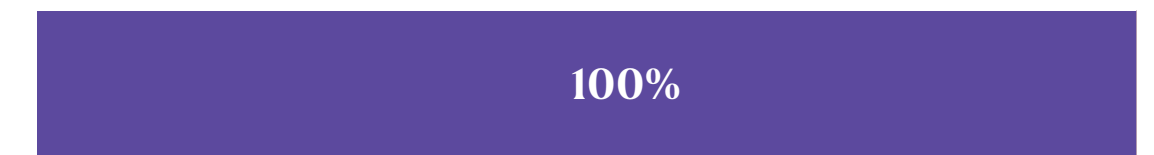
Reduced stigma

The remaining two partners collected this outcome data for the first time in 2023. These results form a baseline that will allow them to measure change from next year onwards. Three partners had baseline results from which to measure improvement and four partners set targets.



Smiling Mind

Achievement of targets



● Met or exceeded

100%
of 2022 baseline results available were improved.

100%
of short-term targets set were met or exceeded.³

5,347,641

young participants in awareness and promotion activities¹

Partners



1. This figure represents the combined number of 'participant' young people of all our partner organisations delivering awareness and promotion activities.
 2. Demonstrated by either 1) an improvement on 2022 baseline results, 2) an improvement between a pre and post program questionnaire or 3) by using a distance travelled model that applies an assessment at the beginning of a young person's participation with a partner, and repeating it at other intervals, including conclusion.
 3. Based on the data they were currently collecting, or their qualitative insights, partners were asked to set targets for 2023.

Sina's story

Youth Ambassador for ReachOut

"I suffer from Attention deficit hyperactivity disorder (ADHD). A lot of people hear the term ADHD and they say, "Oh, I feel that way too sometimes. I can be disorganised or a bit lazy with certain things." But there's a difference when it's your everyday and when it's just a one-off thing. ADHD is paralysing and it's often comorbid with other disorders, like depression. When you can't function properly, when you keep failing university courses – not because of your incapacity to do well, but because of your inability to function – it's very depressing and isolating, especially when it feels like everyone around you is succeeding.

Through ReachOut, I met a cohort of people and I got access to a wealth of resources that made me realise that what I was experiencing wasn't a reflection of myself. It was a health issue that I needed help battling.

This empowered me to seek help, seek medication, seek therapy – and ultimately get to a place where I could succeed in life.

ReachOut provides a free platform that can be accessed by anyone, anytime, anywhere. By doing that, it breaks down the stigma associated with mental health. Stigma is one of the biggest things that stops people from accessing mental health support, because stigma makes you feel that you're alone and that no one is there to support you. Accessing resources like ReachOut makes you realise that this just isn't the case."

Sina spoke to Future Generation Shareholders at our Sydney Event in 2024.



Gateway

Connection and purpose through activities of interest



75,171
young participants
in gateway activities¹

Gateway activities involve a special interest such as the arts, animals, nature – that attract young people to participate in activities that connect them with others and a sense of purpose.

Most partners working on these outcomes are working with vulnerable young people, and a significant portion are living in regional or remote areas of Australia. These areas tend to be poorly serviced and our partners' support is often wide-ranging, holistic and long term. Progress is often characterised by steps forward, backward, and forward again.

Partners use a range of activities – including arts and culture, animal care and handling, sports, cooking and food – to involve young people who are often not participating in school, work or society. Through intensive and tailored support, the young people work to re-engage in mainstream activities, such as study or employment. Other partners targeting these outcomes work with vulnerable young people in a school setting, to build their connection with others, their sense of agency and purpose, and their ability to act on their goals and beliefs.

Outcomes

Seven partners use gateway activities with young people to improve outcomes. Together, they report data on 15 metrics under three outcomes.

Four of seven (57%) partners saw an improvement² in their young participants in each of the outcomes measured:



Increased hope for the future and a sense of purpose



More opportunities for positive social, cultural and/or family interactions



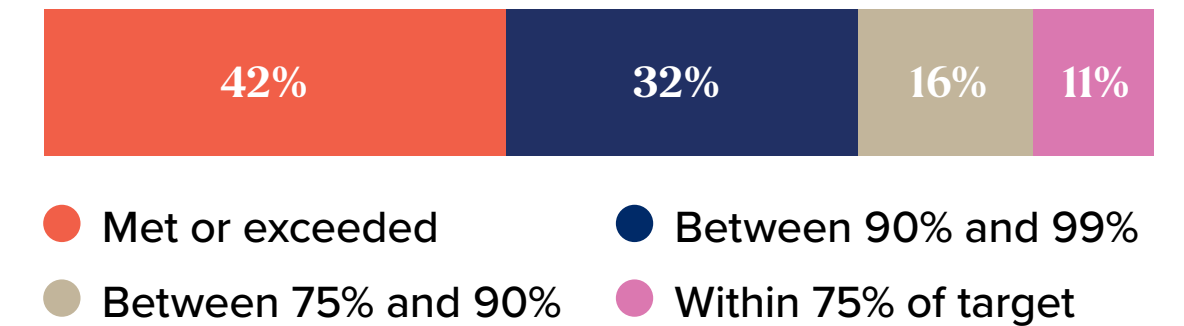
New skills

The remaining three partners collected this outcome data for the first time in 2023. They all saw a positive result for each outcome. These results will now form a baseline that will allow them to measure change from next year onwards. Three partners had baseline results from which to measure improvement and six partners set targets.



Achievement of targets

Three partners had baseline results from which to measure improvement and six partners set targets.



71%

of 2022 baseline results available were improved or maintained.

42%

of short-term targets set were met or exceeded.³

Partners



1. This figure represents the combined number of 'participant' young people of all our partner organisations delivering gateway activities.
 2. Demonstrated by either 1) an improvement on 2022 baseline results, 2) an improvement between a pre and post program questionnaire or 3) by using a distance travelled model that applies an assessment at the beginning of a young person's participation with a partner, and repeating it at other intervals, including conclusion.
 3. Based on the data they were currently collecting, or their qualitative insights, partners were asked to set targets for 2023.

Chenara's story

Chenara is 16. She started at BackTrack in 2023 and says her mental health has already changed.

"I went through a lot growing up. My parents fought constantly and their abuse of each other really affected me. In 2022, when my Pop passed away, I stopped being the bright little girl I was. I started to muck up in school, get into fights and even do crime. Nobody was looking out for me, so most nights I stayed on the street or couch surfed. I was constantly thinking about suicide and I even tried to end my life more than once.

I knew I wasn't okay and needed help. Someone recommended BackTrack and, since then, my whole life has changed. BackTrack makes me feel like I'm appreciated and a part of their family. My favourite part of the BackTrack programme is giving back to the community – going to people's houses and helping with things that they can't do.

I like learning with Nicole, the teacher, because she always tries to work around what I can and can't do. My hopes are to become a better person than I was before. Now that I have dreams, they keep getting bigger and bigger. I recently completed my Record of School Achievement (RoSA) and am keen to become an architect.

BackTrack has also helped me become independent by giving me a tiny home at their residential property in Armidale. This makes me feel secure and safe. With the help of BackTrack's youth workers, I recently passed the test to get my learner driver licence, which will give me even more independence. BackTrack helped me face my fears and build more courage. It made me want to be successful in life. Now I feel like I'm a somebody, not a nobody."

Prevention

Building skills and confidence



3,235,322

young participants
in prevention activities¹

Prevention involves reducing the risk factors faced by young people and increasing their coping mechanisms. It also provides access to protective factors, such as education, training or employment in a supportive setting.

Partners work simultaneously on risk and protective factors with their young participants, most of whom are vulnerable. In different ways, these partners meet young people where they are comfortable – whether that is online, in the bush or at the skatepark, as the first step to creating a positive connection.

Some work deeply with individual young people to overcome significant trauma and build resilience and life skills.

Others work in group settings – online, at school and in community – and use mentoring, community events, role modelling and peer exchange to build self-belief and practical skills for life, education and employment.



Outcomes

Five partners work with young people on these prevention outcomes. Together they report data on 15 metrics under two outcomes.

All partners (100%) saw an improvement² in their young participants in both outcomes measured:



One partner collected this outcome data for the first time in 2023 and established a baseline for comparison next year³.

Achievement of targets

Four partners had baseline results from which to measure improvement and four set targets.



- Met or exceeded
- Between 90% and 99%
- Between 75% and 90%
- Within 75% of target

86%
of 2022 baseline results available were improved or maintained.

64%
of short-term targets set were met or exceeded.⁴

Partners



- This figure represents the combined number of 'participant' young people of all our partner organisations delivering prevention activities.
- Demonstrated by either 1) an improvement on 2022 baseline results, 2) an improvement between a pre and post program questionnaire or 3) by using a distance travelled model that applies an assessment at the beginning of a young person's participation with a partner, and repeating it at other intervals, including conclusion.
- This partner used a pre-post program questionnaire so was able to see improvement in the cohort. The baseline will allow comparison with future year's cohorts.
- Based on the data they were currently collecting, or their qualitative insights, partners were asked to set targets for 2023.

Rawan & Bayan's story

Sisters and Youth Opportunities graduates

RAWAN

"As a child in Syria, I used to dream of an oval, or a big space, where all my friends and family could play together. In Australia, I found that place – but I no longer had the people I loved to share it with me. I fell into a deep depression that lasted for three years. I went from being a happy girl, always out having fun with friends, to underestimating myself and feeling like I wasn't good enough to do anything. I acted dumb at school and, at home, just stayed in my room. I couldn't talk to teachers or students and would fight with my parents all the time. Ask my sister; she will tell you I was a nightmare!

That's when Youth Opportunities came in. They taught me to recognise my accomplishments and gave me the confidence to tackle problems and resolve conflict in a mature way. These are skills for life! I am now studying to become a teacher and feel excited about the future. Thank you for acknowledging that young people need help before it's too late – and for supporting Youth Opportunities."

BAYAN

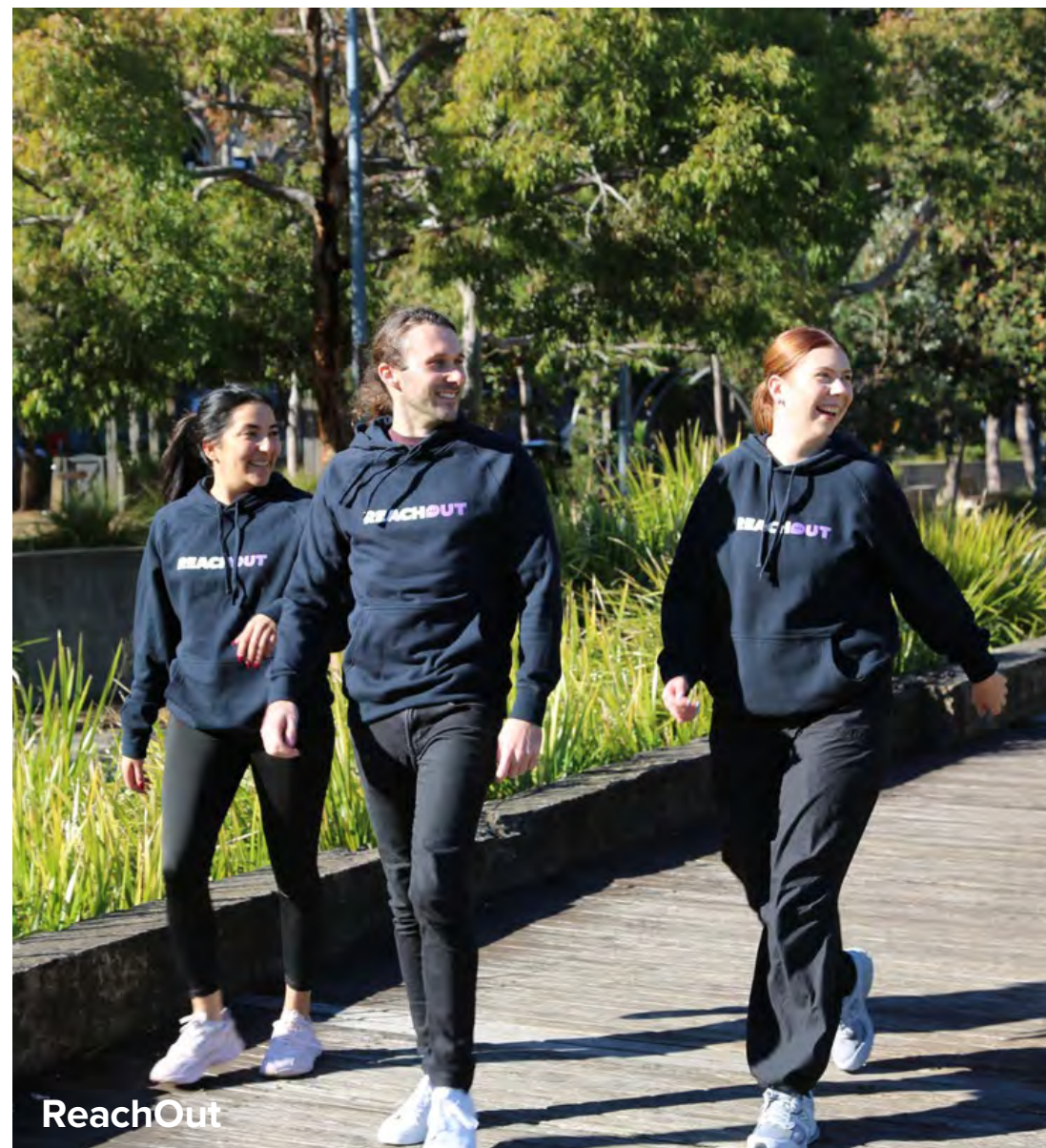
"I was very young when I moved to Australia. It was a new country, a new language, a new religion, and a new culture. I didn't know anyone, and couldn't understand, or talk to, other kids at school. I was so lonely.

Youth Opportunities gave me the confidence to stand up for myself. They taught me about self-esteem, self-image and positive self-talk. I used to be so negative. When the boys at school told me I looked like a "lizard" or a "witch", I would think, "That must be true; they wouldn't say that out of nowhere". Now I shrug it off, knowing they are just trying to annoy me. I look in the mirror and say, "You look beautiful today". Even my teachers can see the difference. If I didn't go out of my comfort zone and work with Youth Opportunities, I would never be the person I am today."



Advocacy and systems change

Enhancing the mental health and wellbeing ecosystem



ReachOut

745

people reached through advocacy and systems change activities

Advocacy and systems change enhances the capacity and efficacy of the mental health and wellbeing landscape by developing people, research and infrastructure.

Beyond young people, partners work with teachers and educators, community members and organisations, health practitioners and government representatives.

Some partners actively work to involve youth advocates in policy discussions about mental health and wellbeing, equipping them to take their experiences to decision-makers – within their organisations and in the political sphere.

Others are building capacity within communities – geographic and otherwise – to be able to take the reins and promote youth mental health and wellbeing. This includes upskilling regional communities to recognise the signs and symptoms of emerging mental health issues and growing Australia’s workforce of Indigenous psychologists.

Outcomes

Four partners work on advocacy and systems change. Together they report data on 19 metrics under four outcomes.

All partners (100%) saw an improvement¹ for stakeholders in each of the outcomes measured:



Increased understanding of issues in youth mental health and wellbeing



Increased understanding of barriers and gaps in service provision



Increased understanding of mechanisms to resolves these issues



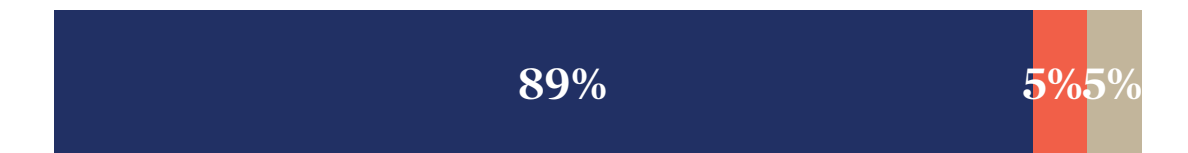
Increased youth voice in partner’s work

Three of four partners collected this outcome data for the first time in 2023 and established a baseline for comparison for next year and beyond².



Achievement of targets

One partner had baseline results from which to measure improvement and all four partners set targets. One partner used results gained early in the year as a baseline for activities later in the year.



- Met or exceeded
- Between 90% and 99%
- Between 75% and 90%

89%

of short-term targets set were met or exceeded.

67%

of 2022 baseline results available were improved on.³

Partners



- Demonstrated by either 1) an improvement on 2022 baseline results, 2) an improvement between a pre and post program questionnaire.
- These partners used questions that attributed positive change to their activities so were able to see improvement based on their work. The baseline will allow comparison with future year’s cohorts.
- Based on the data they were currently collecting, or their qualitative insights, partners were asked to set targets for 2023.

Aaron's story

BSc Psychology student and Jilya Institute Scholar, whose career as a psychologist will positively affect many young people and communities.

“By the age of 44, I already felt I’d messed up my life. I had dropped out of high school in my teens, spent two decades addicted to methamphetamine, was in and out of the court system, and had lost contact with some of my children. On the train, I would cry, looking at the people dressed in suits going to work.

After getting clean through a Drug Court program, I knew it was time for a change. When you’re coming out of addiction, there’s a very lonely time where, if you associate with the people from your past, you’re going to fall back into that world. I needed a new community to support me.

My attempt to get a place at my local TAFE failed because I hadn’t finished high school. Then I remembered an uncle, who had worked at Murdoch University in a support centre for Aboriginal and Torres Strait Islander students. A student support worker there told me about a diagnostic test for potential students who hadn’t finished high school. Luckily, I passed.

While doing the required bridging course, a science teacher urged me to do a psychology degree. I said, “Why would I want to do psychology?” She said, “You will be that person that people connect to. You’ve got a story that’s powerful, a story that will be meaningful to people.”

Five years on, I’m on my way to becoming one of the few Indigenous psychologists in the country. My goal is to complete Honours and a PhD so that I can work with Aboriginal people in prisons and addiction centres. Back when I was in these centres, there was very little cultural sensitivity or cultural comfort.

The scholarship I got from the Westerman Jilya Institute, which helps with my study, living and transport costs, has been a game changer. It has got me to a point where I can feel that my goal is in reach.

When I look back at where my life was, when I was in the throes of drug addiction, I can almost trace it back to my decision to leave school. Maybe I’ll be the person who can help other young people stick with it.”

Partner growth

At Future Generation Global, we aim to drive impact through the way we fund.

We see multi-year, untied funding, coupled with additional capacity building support, as a way to accelerate impact.

We also bring partners together to share expertise and build collaborative muscle to create better outcomes for young people and the mental health system.

The following pages provide insights into our approach to investing in our partners – and what it means to them and their impact.



Untied multi-year funding

At Future Generation Global, we aim to drive impact through the way we fund.

Our partners direct our funds according to their needs and priorities. They provide us with measurable goals, relating to both impact growth and the development of their organisations. This allows us to track their progress during our partnership.

Collectively, our partners report on 109 goals set for the three-year partnership period. **Progress against those goals in the first year has been excellent, with 71% of goals either already exceeded or on track for achievement by 2025.**

“FGG’s long-term funding is proving crucial. It has empowered us to re-invest in organisational capacity, strengthen our impact measurement, and provided us with the resources and peer community to reimagine our mental health prevention model.”

Project ROCKIT

What do our partners say?

Partners report that the FGG partnership is highly valuable to their organisations.

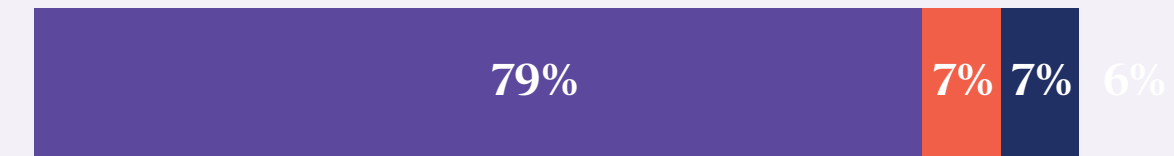
Many refer to the benefits of receiving untied, multi-year funding – which allows them to engage in long-term planning and gives them the flexibility to allocate funds where they are most needed. This has led to progress on both strategic priorities and impact growth with young people.

Beyond critical funding, partners report that the FGG partnership has boosted their credibility and opened doors to new philanthropic, corporate and government donors. Several partners note an increase in multi-year commitments from other funders since partnering with FGG.

“We have noticed more funding bodies willing to support us knowing we have already secured FGG’s investment. They feel confident that we have done the work to support greater efforts in a longer-term impact measurement framework.”

Mind Blank

How would you describe your progress towards your aims in 2023?

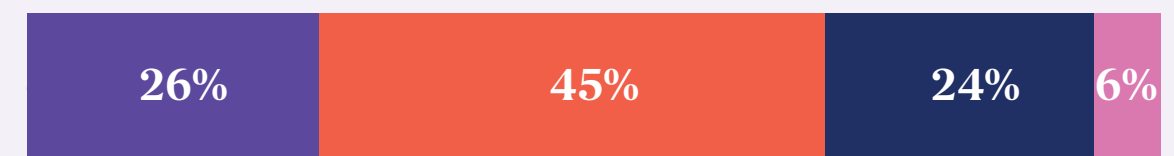


- On track
- Struggling
- Requiring a pivot

79%

on track towards target

Progress on three year aims (%)



- Achieved/exceeded
- On track
- In action
- Not achieved/removed

71%

partner goals already achieved or on track



Zoe's story

Caitlin (left), Happy Paws Happy Hearts' first Ambassador with Zoe, Co-Founder & CEO

"I remember Geoff Wilson [the Founder of Future Generation] saying that FGG's approach to funding is the same as you'd take when investing in a commercial business. You do your due diligence, and then you fund organisations to just get on with their work."

This unique style of funding has allowed Happy Paws Happy Hearts (HPHH) to direct the funds wherever we see opportunities; to make the right decisions for the organisation at the right time; to be responsive; and to move quickly. For example, last year we were able to take advantage of an opportunity in Tasmania, which is turning out far better than we anticipated. Without FGG's untied funding, we would have had to get a grant specifically for Tasmania and that may have taken several years.

It's also given us the confidence to roll out our Explore program into other regions. This is a pathway program designed for participants who are ready to take the next step into employment, study or volunteer work, which we started testing in Brisbane in early 2021. With FGG's funding, we have been able to roll it out into the Hunter Valley and Toowoomba, and we are about to launch it in North Brisbane, enabling more participants to access this really critical program.

So, in essence, FGG's funding has made us nimble and helped us to grow both our geographic reach and our participant reach. This in turn deepens the impact that we can have with young people.

However, FGG is much more than its funding! Being part of the Community of Practice with FGG's other social impact partners has given us great insights and reassured me that we are on the right track. I also know that if we expand into a new area, I can always reach out to one of those partners and say, "What do we need to know about this region?"

Finally, there's the advocacy side of things. We've identified key areas which require advocacy work, but I know from previous experience that advocacy is so much more powerful when you do it as a group. We now have this collection of organisations, which is pulling together and demanding more support for mental ill-health prevention. I love that we now have a bigger voice in this critical challenge area."



Capacity building

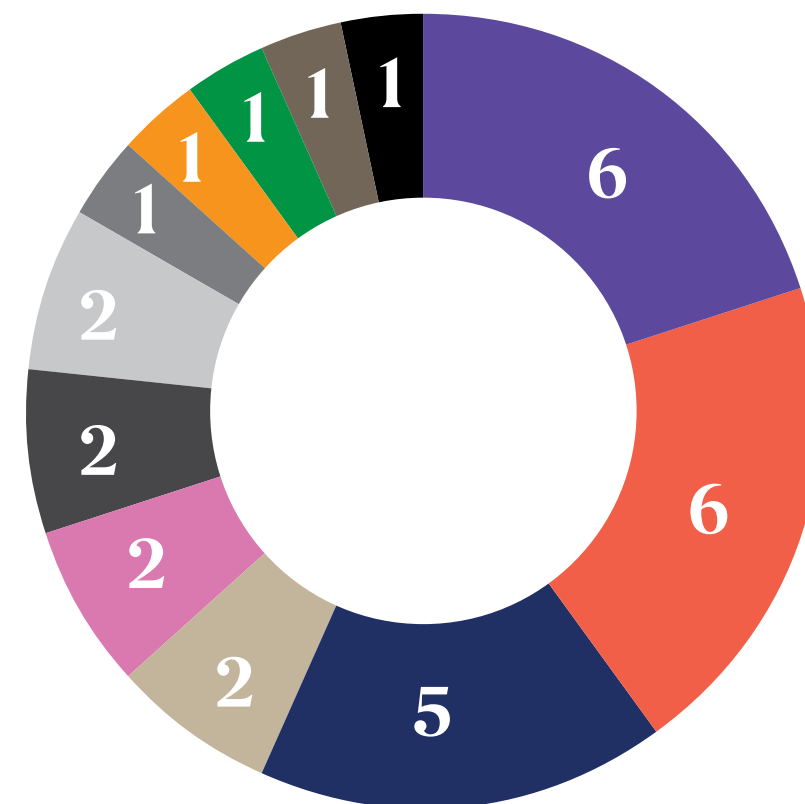
Organisational development

Part of Future Generation Global’s impact thesis is backing high quality small-to-medium sized non-profits and investing in their organisational development. Strong organisations are the foundation for creating impact.

In late 2022, each partner selected two or three organisational development priorities for FGG’s capacity building investment.

While the range was wide, three priorities were commonly chosen, providing an insight into the organisational needs of small-to-medium sized non-profits.

Organisational development priorities selected by partners (Number of partners)



- Fundraising
- Impact measurement
- IT and data
- Leadership
- Risk and compliance
- Staff capability
- Talent attraction and retention
- Marketing and communications
- Organisational culture
- Strategy
- Youth participation
- Governance

43%
selected *business development and fundraising* as a priority

43%
selected *impact measurement and reporting* as a priority

36%
selected *IT, data and systems* as a priority

Improvement over the first 12 months

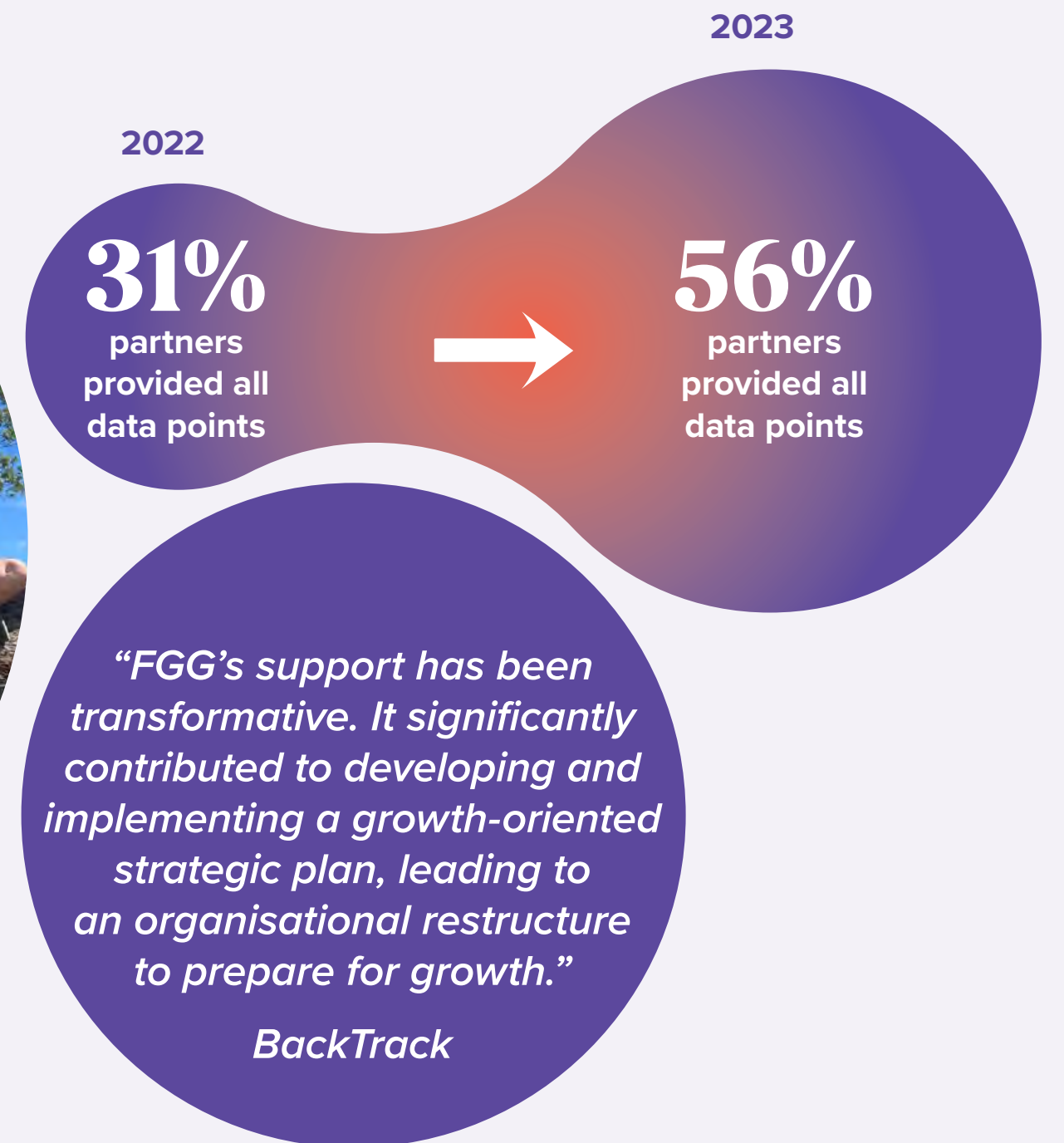
Partners self-rated their capacity (1 – 10) for each priority and re-rated themselves 12 months later, after investing the funds and time.

The average improvement in capacity across all priorities after 12 months was **1.4 points, with a range of 0.5 to 5 points.**

The average improvement in capacity across all partners after 12 months was **1.3 points, with a range of 0.5 to 3 points.**

Developing impact measurement capacity

Our partners are all at different stages in terms of data maturity. By participating in FGG’s Impact Measurement Initiative, many are improving their data capabilities. This is critical to achieving and reporting on outcomes, as well as securing funding. Already in the first 12 months, we have seen an increase in data points provided by our partners. Almost double the number of partners have been able to provide all data points requested. For some partners, the resources including the time required to provide this data are substantial and we are continuously working to reduce this.





Chris's story

Founder and Chief Enabling Officer, I CAN Network

“The game changer from the FGG donation has been our investment in our CRM [customer relationship management system]. That has made the world of difference. I was not an IT person, and when my Finance & IT manager suggested we direct the funding in part towards the CRM, I harbored some private doubts. But now that we have the new system, it gives us so much transparency and visibility about how we’re performing against our targets; where a client is at in the lifecycle; whether someone’s been waiting too long for a response from us; and where the gaps are in our operating model.

It also allows us to continue to work remotely. This is hugely important for our 83 disabled staff, who can work in their homes, with all the sensory supports and adjustments they require to shine in their job. In addition, it means we can give meaningful and flexible employment to parents/carers of autistic young people, who need to work around the different schedules of their young people. Everything is in the CRM, so they’ve always got complete transparency around what they are doing.

The CRM has also made our organisation more sustainable. If someone left I CAN tomorrow, we’re less vulnerable because we’ve got the entire information chain on everything they’ve been working on and all the people they’ve been talking to.

In addition, the system has helped us to really scale our impact and reach. Since January 30, we’ve signed on another 40 government schools (we’re overwhelmingly ahead of target on that) and that’s 100 per cent due to our CRM. It helps us make decisions so much more quickly.

The CRM has been an absolute master stroke for us, but I don’t think we’d have been able to fund it from traditional donors. Most grantmakers, and big donors, want to fund specific programs. They’re not as motivated by organisational capacity development initiatives, and they fear that CRMs are sinking holes. They don’t understand what it can do for your organisation. By improving our systems, everything else has grown.”



Deepening impact through collaboration

At Future Generation Global, we strive to deepen our impact through collaboration.

We bring partners together to share expertise and build collaborative muscle toward creating better outcomes for young people and the mental health system.

Community of Practice

This includes a bi-monthly virtual Community of Practice, facilitated by Prevention United, in which partners discuss topics ranging from mental health promotion, to the challenges of operating a small-to-medium sized non-profit.

Exchange Event

We also bring partners to Sydney for a two-day Exchange event each year. This is a highly-valued event, with partners reporting the main benefits as:

- Networking, connecting and relationship building
- Insight, advice and learnings
- Inspiration and motivation

Joint advocacy

We also conduct joint advocacy as a group to promote greater investment in prevention and wellbeing. Together, we have developed a Public, Private and Community Partnership proposal that is currently with the Federal Government.

What do our partners say?

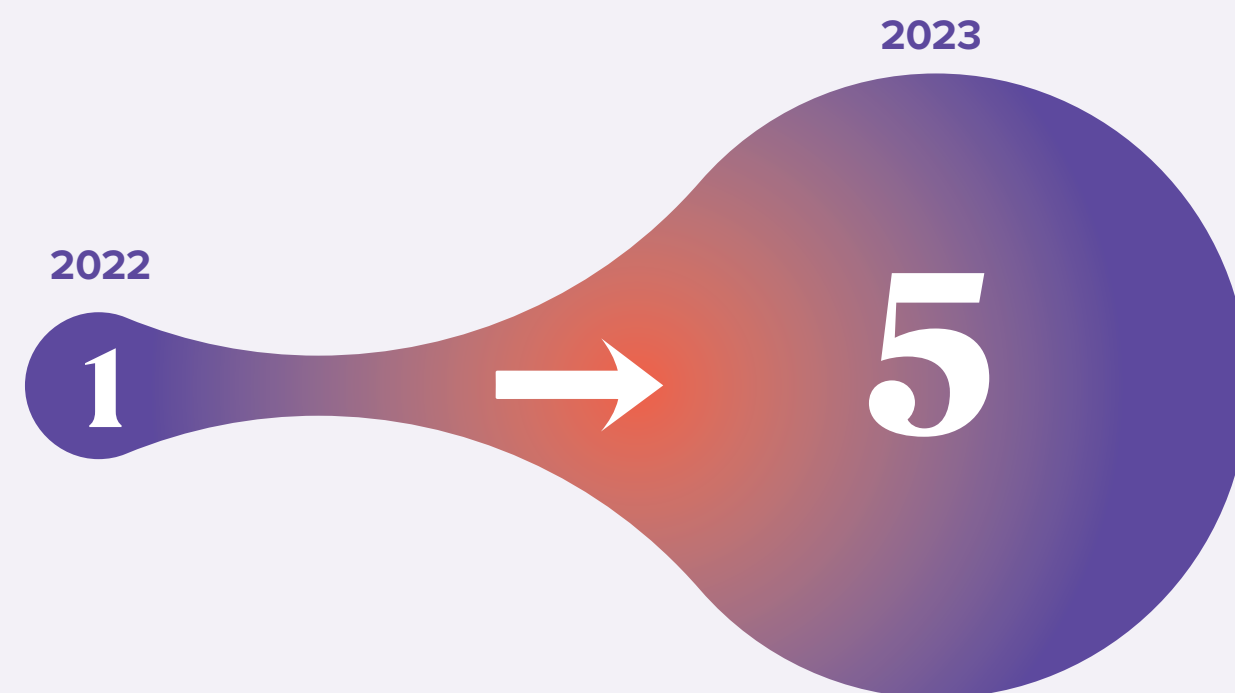
FGG has created a supportive alliance of like-minded organisations, described by many partners as an unexpected value-add. Partners consistently describe the information exchange, camaraderie and joint problem solving as very beneficial. Sharing perspectives and strategies has helped with both their operations and mental health promotion and prevention practice.

Working on joint advocacy has forged a sense of group identity.

Partners believe their collective lobbying power gives them greater potential to succeed in government advocacy. In this way, they see their collaboration as amplifying their individual impact.

Collaboration has started outside of FGG events, with joint project planning and grant applications underway between a number of partners. By combining their complementary expertise, partners see opportunity to expand their service provision and deepen their impact among young people.

How many FGG partners do you interact with? (outside FGG events)



100%
of partners increased their interaction with other partners outside of FGG events



“Being part of a collaborative approach with such highly regarded partners has boosted our credibility and reputation with potential and existing funders. We have benefited from discussions regarding impact measurement approaches, funding and service delivery challenges and successes.”

Human Nature

Financial insights

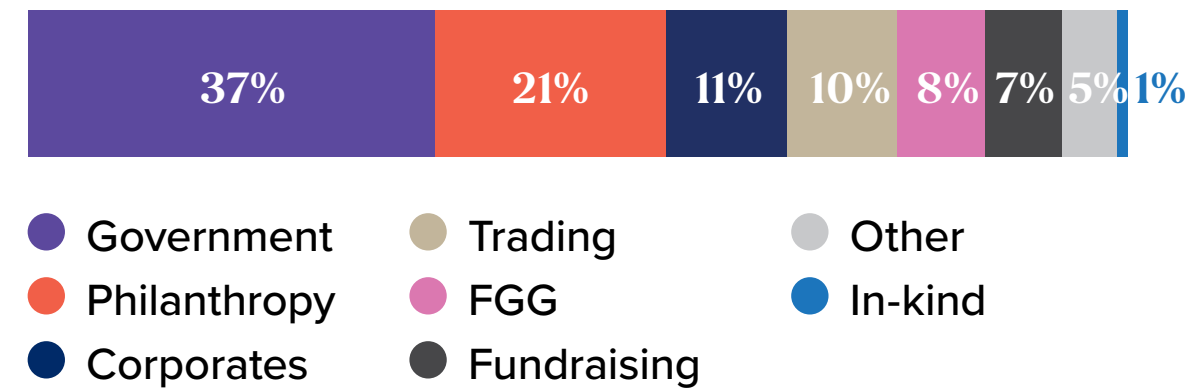
These financial insights relate to the 2022 calendar year, when FGG made its first partnership payment.

Income

Future Generation Global aims to represent no more than 25% of any partners' income and for this to decrease over time. At partnership commencement, FGG's contribution represented between 4% and 45% of its partner's income.

The average income represented by FGG was 14.1%.

Total income sources (%)*

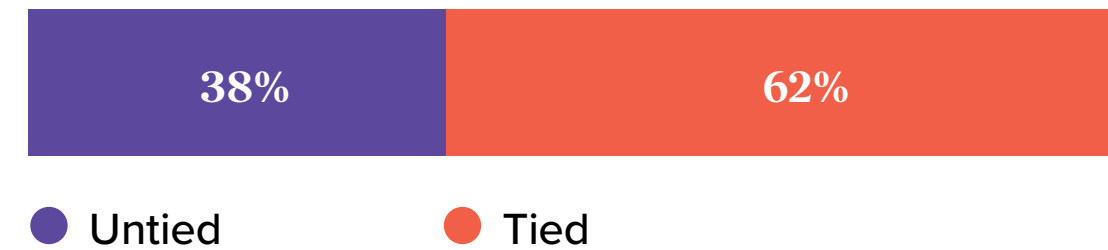


Untied funding

One of FGG's goals is to demonstrate the value of untied funding in growing the impact of partners. The majority of partners' funding is tied to specific programs. Many seek to grow their untied (flexible) funding to allow them to be more responsive to opportunities and participant needs.

On average, partners reported 38% of income was untied (at partnership commencement Dec 2022). The range of untied income was between 5% and 80%.

Untied funding (%)

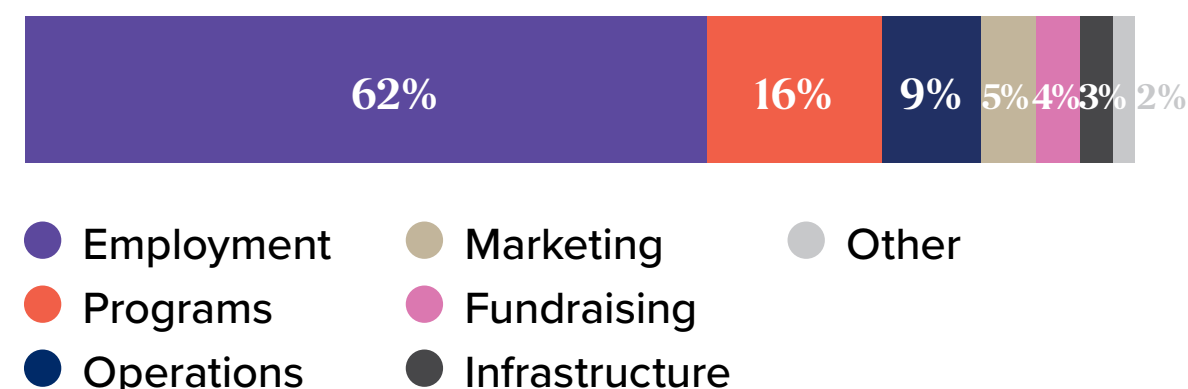


Expenditure

Across the board, partners main expenditure is employment, followed by program costs.

On average, employment represents almost 2/3 of partners' expenditure.

Average expenditure (%)*



* Based on the FGG contribution to individual partners total income.

Our social investment – December 2022 (for their work in 2023)

| PARTNER | UNTIED FUNDING | CAPACITY INVESTMENT | TOTAL INVESTMENT 2022 |
|-------------------------|--------------------|---------------------|-----------------------|
| BackTrack Youth Works | \$484,220 | \$50,000 | \$534,220 |
| Big hART | \$470,592 | \$50,000 | \$520,592 |
| Happy Paws Happy Hearts | \$187,878 | \$50,000 | \$237,878 |
| Human Nature | \$156,800 | \$50,000 | \$206,800 |
| I CAN Network | \$154,852 | \$50,000 | \$204,852 |
| Jilya Institute | \$189,651 | \$50,000 | \$239,651 |
| Live4Life | \$156,876 | \$50,000 | \$206,876 |
| Mind Blank | \$100,743 | \$50,000 | \$150,743 |
| Prevention United | \$153,037 | \$50,000 | \$203,037 |
| Project ROCKIT | \$156,876 | \$50,000 | \$206,876 |
| ReachOut Australia | \$486,573 | \$50,000 | \$536,573 |
| Smiling Mind | \$505,520 | \$50,000 | \$555,520 |
| Wanta Aboriginal Corp | \$197,602 | \$50,000 | \$247,602 |
| Youth Opportunities | \$521,127 | \$50,000 | \$571,127 |
| Total | \$3,922,347 | \$700,000 | \$4,622,347 |

Appendices

To ensure each partner could participate in impact measurement, FGG provided a range of options to report on each outcome. These included validated instruments, which are free or almost free, and a question for each outcome adapted from a validated tool. Alternatively, partners could also elect to use their own metric that tracks the same outcome.

Partners were asked to provide a baseline result from 2022 for each metric, if available, and nominate a target. 46% of metrics had a baseline from which to set targets. The remaining targets were set according to partners' experience, previous data and aspirations, with valuable learnings coming from collecting this data for the first time. This means that there is high variability in what the targets represent. The common factor is that each organisation set its own targets. 78% of metrics had targets from 11 partners. Three partners decided to await year one results to establish a baseline, rather than set a target.

Partners collected this data from participants and contributed de-identified data to a shared platform. This allows for the creation of individual and shared dashboards that track impact over time.

Improvement in the outcomes for young people is demonstrated by either:

- A comparison with baseline data;
- An improvement between a pre and post program questionnaire; or
- A distance travelled model, which assesses a young person's participation with a partner at the beginning, during and at the end of the program.

In a few cases, partners used questions that attributed positive change to their activities so were able to see improvement in that way.

In the next impact report, each partner will have a baseline from which to compare year-on-year results.



Appendix – Awareness and promotion

SHORT-TERM OUTCOMES

| PARTNER | WHAT WAS THE RESULT? | RESULT IN COMPARISON TO TARGET | RESULT IN COMPARISON TO BASELINE | HOW DOES THIS SHOW IMPROVEMENT (IMPACT)? |
|--|--|--------------------------------|----------------------------------|--|
| Young people understand where and how to seek help if needed | | | | |
| Live4Life | There was an increase in Live4Life participants' knowledge about where to seek help for mental health concerns (7.63% points) | Not set | Baseline not available | 1) Change in cohort pre to post program 2) Established benchmark for comparison year on year |
| Mind Blank (At Risk cohort) | 55% of Mind Blank's at risk participants know where to seek help for mental health issues | Not set | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Mind Blank (Regional cohort) | 63% of Mind Blank's regional participants know where to seek help for mental health issues | Not set | Baseline not available | |
| Mind Blank (Urban cohort) | 39% of Mind Blank's urban participants know where to seek help for mental health issues | Not set | Baseline not available | |
| Project ROCKIT | 77% of Project ROCKIT participants know where to find the support they need to get through tough times | Exceeded target (77% to 60%) | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Young people can discuss mental health in normal conversations (stigma) | | | | |
| Live4Life | Live4Life participants felt more comfortable discussing mental health in everyday conversations (NB. Minor change of 0.48% points) | Not set | Baseline not available | 1) Minor change in cohort pre to post program 2) Established benchmark for comparison year on year |
| Mind Blank (At Risk cohort) | 27% of Mind Blank's at risk participants can discuss mental health in normal conversations | Not set | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Mind Blank (Regional cohort) | 51% of Mind Blank's regional participants can discuss mental health in normal conversations | Not set | Baseline not available | |
| Mind Blank (Urban cohort) | 44% of Mind Blank's urban participants can discuss mental health in normal conversations | Not set | Baseline not available | |
| ReachOut | 69% of users reported ReachOut helped them feel ok about what they are feeling or going through (self-stigma) | Exceeded target (69% to 55%) | Improved (2022 – 50%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Young people can identify mental wellbeing (mental health literacy) | | | | |
| Human Nature | 64% of young people involved with Human Nature improved their understanding of their own mental health | Exceeded target (64% to 50%) | Improved (2022 – 60%) | 1) Change in cohort since beginning at Human Nature – distance travelled 2) Improvement on 2022 baseline result |
| Live4Life | There was an increase in Live4Life participants' ability to identify mental health concerns (7.97% points) | Not set | Baseline not available | 1) Change in cohort pre to post program 2) Established benchmark for comparison year on year |
| Mind Blank (At Risk cohort) | 21% of Mind Blank's at risk participants can identify risk factors for mental ill-health | Not set | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Mind Blank (Regional cohort) | 91% of Mind Blank's regional participants can identify risk factors for mental ill-health | Not set | Baseline not available | |
| Mind Blank (Urban cohort) | 94% of Mind Blank's urban participants can identify risk factors for mental ill-health | Not set | Baseline not available | |
| Project ROCKIT | 82% of Project ROCKIT participants are willing to support or stand up for someone being treated unfairly or bullied | Exceeded target (82% to 60%) | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| ReachOut | 68% of users reported ReachOut helped them improve their understanding about mental health / wellbeing challenges | Exceeded target (68% to 65%) | Improved (2022 – 60%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Smiling Mind | 71% of Smiling Mind school participants are aware of their thoughts and feelings | Exceeded target (71% to 66%) | Improved (2022 – 66%) | Improvement on 2022 baseline result |

Appendix – Gateway

SHORT-TERM OUTCOMES

| PARTNER | WHAT WAS THE RESULT? | RESULT IN COMPARISON TO TARGET | RESULT IN COMPARISON TO BASELINE | HOW DOES THIS SHOW IMPROVEMENT (IMPACT)? |
|---|---|---|---|--|
| Young people have hope for the future and a sense of purpose | | | | |
| BackTrack Youth Works <i>(Consolidated – BackTrack and Network Organisations)</i> | 38% of young people at BackTrack and Network organisations increased their hope for the future and sense of purpose | 86% of target (38% to 44%) | Baseline not available | 1) Change in cohort since beginning at BackTrack – distance travelled 2) Established baseline for year on year comparison |
| BackTrack Youth Works <i>(Armidale & Tenterfield)</i> | 40% of young people at BackTrack Armidale and Tenterfield increased their hope for the future and sense of purpose | 89% of target (40% to 45%) | Baseline not available | |
| BackTrack Youth Works <i>(Network Organisations)</i> | 37% of young people in BackTrack Network organisations increased their hope for the future and sense of purpose | 84% of target (37% to 44%) | Baseline not available | |
| Happy Paws Happy Hearts | 60% of young people in Happy Hearts Happy Paws increased their hope and sense of purpose | Exceeded target (60% to 50%) | Below (2022: 61%) | Change in cohort since beginning at HPHH – distance travelled |
| WANTA Aboriginal Corporation | 82% of WANTA participants feel positive about their future (7 or greater on a scale of 10) | Exceeded target (82% to 10%) | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Youth Opportunities | There was a 20% increase in optimism across Youth Opportunities participants. (EPOCH Measure of Adolescent Wellbeing) | Met target (20%) | Improvement (2022: 18%) | 1) Change in cohort pre to post program 2) Improvement on 2022 baseline result |
| Youth Opportunities | There was a 6% increase in young people having a career goal. | 27% of target (6% to 22%) | Below (2022: 21%) | Question attributes positive outcome to program |
| Youth Opportunities | 90% of Youth Opportunities participants feel more motivated towards school | 99% of target (90% to 91%) | Stable (2022: 90%) | Question attributes positive outcome to program |
| Youth Opportunities | 96% of Youth Opportunities participants feel they have a good plan for achieving their goals | Exceeded target (96% to 95%) | Improvement (2022: 94%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to program |
| Young people have opportunities for positive social, cultural and/or family interactions | | | | |
| BackTrack Youth Works <i>(Consolidated)</i> | 52% of young people at BackTrack and Network organisations increased their positive social, cultural and/or family interactions | 91% of target (52% to 57%) | Baseline not available | 1) Change in cohort since beginning at BackTrack – distance travelled 2) Established baseline for year on year comparison |
| BackTrack Youth Works <i>(Armidale & Tenterfield)</i> | 50% of young people at BackTrack Armidale and Tenterfield increased their positive social, cultural and/or family interactions | 91% of target (50% to 55%) | Baseline not available | |
| BackTrack Youth Works <i>(Network Organisations)</i> | 58% of young people in BackTrack Network organisations increased their positive social, cultural and/or family interactions | 92% of target (58% to 63%) | Baseline not available | |
| Big hART | 1% of young people involved with Big hART increased their positive social interactions | Not set | Baseline not available | 1) Established benchmark for comparison year on year 2) Question establishes positive change |
| Happy Paws Happy Hearts | 64% of young people in Happy Hearts Happy Paws increased their positive social interactions | Exceeded target (64% to 50%) | Improvement (2022: 59%) | 1) Change in cohort since beginning at HPHH – distance travelled 2) Improvement on 2022 baseline result |
| I CAN Network | I CAN participants felt increased connection to other students after participating (23% points) | Exceeded target (23% to 17% point increase) | Improvement (2022: 17 % point increase) | 1) Change in cohort pre to post program 2) Improvement on 2022 baseline result |
| Project ROCKIT | 84% of Project ROCKIT participants have people at school who they can be themselves around | Exceeded target (84% to 60%) | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| WANTA Aboriginal Corporation | 99% of young people involved with WANTA get together at least once a week with friends or family not living with them | Exceeded target (99% to 25%) | Baseline not available | Established benchmark for year on year comparison with new cohort to determine whether the program is improving |
| Young people are developing new skills to participate in activities | | | | |
| BackTrack Youth Works <i>(Consolidated)</i> | 48% of young people at BackTrack and Network organisations engaged in learning and developed new skills | 91% of target (48% to 53%) | Baseline not available | 1) Change in cohort since beginning at BackTrack – distance travelled 2) Established baseline for year on year comparison |
| BackTrack Youth Works <i>(Armidale & Tenterfield)</i> | 20% of young people at BackTrack Armidale and Tenterfield engaged in learning and developed new skills | 57% of target (20% to 35%) | Baseline not available | |
| BackTrack Youth Works <i>(Network Organisations)</i> | 63% of young people in BackTrack Network organisations engaged in learning and developed new skills | 94% of target (63% to 67%) | Baseline not available | |
| Big hART | 97% of young people involved with Big hART developed at least one new skill | Not set | Baseline not available | 1) Question establishes positive change 2) Established benchmark for comparison year on year |

Appendix – Prevention

SHORT-TERM OUTCOMES

| PARTNER | WHAT WAS THE RESULT? | RESULT IN COMPARISON TO TARGET | RESULT IN COMPARISON TO BASELINE | HOW DOES THIS SHOW IMPROVEMENT (IMPACT)? |
|---|---|---|----------------------------------|--|
| Young people have a toolkit of coping strategies to manage their mental health | | | | |
| Human Nature | 52% of Human Nature’s participants improved their coping strategies (using their time in a way that boosts protection and reduces risks for mental health and wellbeing). | Exceeded target (52% to 25%) | Improved (2022: 44%) | 1) Change in cohort since beginning at Human Nature – distance travelled 2) Improvement on 2022 baseline result |
| I CAN Network | I CAN participants increased their strategies to reduce stress at school (9% points) | 90% of target (9% to 10% point increase) | Improved (2022: 7% points) | 1) Change in cohort before pre to post program 2) Improvement on 2022 baseline result |
| Smiling Mind | 62% of educators reported social and emotional skills development in their class since the Smiling Mind Schools program. | Exceeded target (62% to 60%) | Improved (2022: 54%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | There was a 16% increase in wellbeing across Youth Opportunities participants. (EPOCH Measure of Adolescent Wellbeing) | Exceeded target (16% to 13%) | Improved (2022: 12.3%) | 1) Change in cohort pre to post program 2) Improvement on 2022 baseline result |
| Youth Opportunities | 97% of participants believe they can take learnings from the Youth Opportunities program and apply it to future situations. | Exceeded target (97% to 95%) | Maintained (2022: 97%) | 1) Maintained 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | 95% of Youth Opportunities participants can find creative solutions to problems | Met target (95%) | Maintained (2022: 95%) | 1) Maintained 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | 94% of Youth Opportunities participants consider various perspectives before making a decision | 99% of target (94% to 95%) | Below (2022: 95%) | Question attributes positive outcome to program |
| Youth Opportunities | 94% of Youth Opportunities participants developed better time management and organisational skills | 99% of target (94% to 95%) | Maintained (2022: 94%) | 1) Maintained 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | 97% of Youth Opportunities participants developed more meaningful reflection skills | Exceeded target (97% to 95%) | Improved (2022: 95%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | 98% of Youth Opportunities participants developed some strategies for a successful life | Exceeded target (98% to 95%) | Improved (2022: 97%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Youth Opportunities | 99% of Youth Opportunities participants improved their communication skills | Exceeded target (99% to 95%) | Improved (2022: 98%) | 1) Improvement on 2022 baseline result 2) Question attributes positive outcome to service |
| Young people have increased confidence and self-efficacy | | | | |
| Big hART | 76% of Big hART participants increased their confidence to voice their opinion | Not set | Baseline not available | 1) Change in cohort pre to post program 2) Established benchmark for comparison year on year |
| Human Nature | 52% of Human Nature participants improved their self-esteem | 87% of target (52% to 60%) | Improved (2022 – 50%) | 1) Change in cohort since beginning at Human Nature – distance travelled 2) Improvement on 2022 baseline result |
| I CAN Network | I CAN participants increased their self-confidence (11% points) | 69% of target (11% to 16% point increase) | Below (2022: 16% point increase) | Change in cohort pre to post program |
| Smiling Mind | 61% of Smiling Mind school participants who make a plan to get something done, Always or Often stick to it. | Exceeded target (61% to 55%) | Improved (2022 – 53%) | Improvement on 2022 baseline result |

Appendix – Advocacy and systems change

SHORT-TERM OUTCOMES

| PARTNER | WHAT WAS THE RESULT? | RESULT IN COMPARISON TO TARGET | RESULT IN COMPARISON TO BASELINE | HOW DOES THIS SHOW IMPROVEMENT (IMPACT)? |
|--|--|--------------------------------|--|--|
| Key stakeholders understand the systemic issues in young people’s mental health and wellbeing | | | | |
| Prevention United* | Discussion Paper: <i>Reimagining Youth Mental Health: A discussion paper about how to tackle the youth mental health crisis</i> was downloaded 690 times. | Exceeded target (690 to 400) | Not applicable – new paper and event in 2023 | Established baseline for downloads of papers |
| | 78 people attended the webinar launch of the Paper. | Exceeded target (78 to 50) | | Established baseline for webinar attendees |
| Prevention United | As a result of this paper/webinar, 87% of respondents felt well informed about the issues that are impacting young people’s mental health and wellbeing. | Exceeded target (87% to 75%) | | 1) Question attributes positive outcome to paper or webinar 2) Established benchmark for comparison |
| ReachOut | 54% of MPs and/or bureaucrats ReachOut met with demonstrated increased understanding of the issues, as tracked through their social media posts and speeches. | Exceeded target (54% to 40%) | Baseline not available | 1) Question establishes positive change 2) Established benchmark for comparison year on year |
| The Jilya Institute | 66% of Jilya’s stakeholders feel better informed about Indigenous communities’ access to culturally valid mental health and suicide prevention services (as a result of Jilya’s activities). | Exceeded target (66% to 60%) | Baseline not available | 1) Question attributes positive change to Jilya’s activities 2) Established benchmark for comparison year on year |
| The Jilya Institute | 67% of Jilya’s stakeholders feel better informed about the issues relating to young Indigenous people’s health and wellbeing (as a result of Jilya’s activities). | Exceeded target (67% to 60%) | Baseline not available | 1) Question attributes positive change to Jilya’s activities 2) Established benchmark for comparison year on year |
| Key stakeholders understand the issues with access, barriers and/or gaps in service provision | | | | |
| The Jilya Institute | 66% of Jilya’s stakeholders feel better informed about the barriers and gaps in service provision for Indigenous youth (as a result of Jilya’s activities). | Exceeded target (66% to 60%) | Baseline not available | 1) Question attributes positive change to Jilya’s activities 2) Established benchmark for comparison year on year |
| Key stakeholders understand the mechanisms for resolving these issues | | | | |
| Live4Life | 139 different organisations were members of Live4Life Community Partnership Groups in 2023. | Exceeded target (139 to 99) | Improved (2022: 99) | Improvement on 2022 baseline result |
| Live4Life | There are 11 Live4Life Community Partnership Groups operating in 2023. | Exceeded target (11 to 7) | Improved (2022: 7) | Improvement on 2022 baseline result |
| Prevention United* | Discussion Paper: <i>Reimagining Youth Mental Health: Building Australia’s youth mental health promotion system</i> was downloaded 784 times. | Exceeded target (784 to 400) | Improved (2023: 690) | Improvement on baseline result (see above) |
| | 94 people attended the webinar launch of the Paper. | Exceeded target (94 to 50) | Improved (2023: 78) | Improvement on baseline result (see above) |
| Prevention United | As a result of this webinar, 68% of respondents felt well informed about the issues that are impacting young people’s mental health and wellbeing. | 91% of target (68% to 75%) | Below (2023: 87%) | Question attributes positive outcome to webinar |
| Prevention United | As a result of this paper, 76% respondents felt well informed about the issues that are impacting young people’s mental health and wellbeing. | Exceeded target (76% to 75%) | Below (2023: 87%) | Question attributes positive outcome to paper |
| The Jilya Institute | 71% of Jilya’s stakeholders feel more capable to implement mechanisms to resolve the issues relating to young Indigenous people’s health and wellbeing (as a result of Jilya’s activities). | Exceeded target (71% to 40%) | Baseline not available | 1) Question attributes positive change to Jilya’s activities 2) Established benchmark for comparison year on year |
| The Jilya Institute | 51% of Jilya’s stakeholders feel more capable to provide culturally safe services to their young Indigenous clients (as a result of Jilya’s activities). | Exceeded target (51% to 40%) | Baseline not available | 1) Question attributes positive change to Jilya’s activities 2) Established benchmark for comparison year on year |
| Partner engages young people to have a voice in funded initiatives | | | | |
| Prevention United* | 12 young people joined the inaugural Prevention United Youth Advisory Group | Met target (12) | Not applicable – Youth Advisory Group and youth engagement began in 2023 | |
| | There were 5 meetings of the Youth Advisory Group | Met target (5) | | |
| | Other than Youth Advisory Group members, 21 young people were involved with Prevention United | 84% of target (21 to 25) | | |
| Prevention United | 96% of Youth Advisory Group members agree that they personally had a say in Prevention United’s activities. | Exceeded target (96% to 80%) | Not applicable | Question establishes positive outcome |

*Some data here represents outputs that are pre-cursors to the outcome

Our partners



Keeping vulnerable regional kids alive, out of jail and chasing their hopes and dreams through holistic, flexible and long-term support, including education, training, diversionary activities, accommodation and employment.



Generating connection, security and hope in young people through place-based community events, utilising skateboarding, music and video.



Bringing isolated young Australians together with rescue animals to build connection, a sense of pride and purpose, and a recovery process that leads to further education or employment.



Mentoring and therapy, skill building, volunteering and physical adventure that supports young people to overcome trauma and build resilience and wellbeing skills.



School and online mentoring programs for autistic young people, by autistic young people, that improves self-confidence, self-acceptance, connection and life skills.



Equipping young people in regional areas and their communities to recognise the signs and symptoms of emerging mental health issues – and to seek, or offer, help.



Using interactive theatre to build understanding about mental wellbeing and help-seeking among primary and secondary school students.



Equipping individuals, families, organisations, communities and governments with the tools to modify the risk and protective factors that influence mental health.



Delivering school workshops and digital tools to build respectful school communities and equip young people with the tools to challenge bullying, foster empathy, build healthy relationships and grow wellbeing and resilience.



Providing a safe online place where young people can explore what's happening in their lives and find the resources and connections to help them manage their challenges.



Providing an app and school-based tools that deliver the mental fitness skills needed to underpin good mental health and resilience from an early age.



Offering holistic support and creating opportunities for young people in remote communities, including recreation, education, cooking and nutrition, life-skills, mental health, culture and language, and job readiness.



Developing culturally and clinically-informed mental health and suicide prevention responses and increasing the number of Indigenous Psychologists working in Australia.



Working in schools to equip young people with the skills to develop long-term mental wellbeing; set and achieve study, career and life goals; increase motivation; develop positive communication; enhance confidence; and improve relationships.

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